

Allergen Information

Due to the handcrafted nature of our food, variations in our supplier ingredients and our use of shared preparation areas, we cannot ensure that our food is free from any allergens. Products containing Dairy, soy, wheat, egg, tree nuts, peanuts & sesame are all made in our kitchens. There could be other potential allergens not addressed here. Please consult the ingredients on each product prior to consuming.

SMOOTHIES	Dairy	Soy	Tree Nut	Peanut	Wheat	Egg	Sesame	Icons
Açai Energy								GF
Bangin' Berry								GF. 💙
Caribbean Craze								GF _∞ ♥
Banana Berry	√							GF. D
Mango Me Crazy								ĞF, ♥
Maui Mango								
Orange Sunrise	✓							(i) (D)
Peach on the Beach	√							GF, D
Tropical Therapy								GF W
Wild Strawberry								Œ ♥
Goin' Green								 ♥
Super C Immune Support	√							GF. D
Berry Burn								GF. V
Peanut Butter Protein	√			✓				GF. D
Super Fuel	✓							GF, D

	(GF)	= Gluten Free	D= Dairy	V = Vegan
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SALADS	Dairy	Soy	Tree Nut	Peanut	Wheat	Egg	Sesame	MISC
Buffalo Chicken	✓	\				>		
Chicken Caesar	✓	√				\		
Chicken Avocado Cobb		\				\		
Market Strawberry	√		✓					
Southwest	✓	\				\		

Dairy	Soy	Tree Nut	Peanut	Wheat	Egg	Sesame	MISC
✓	✓				√		
✓	✓				√		
✓	✓						
	√			✓			
✓	√				√		
	✓			✓		√	(%)
✓	✓				√		
✓	✓				√		
n						<u>'</u>	
Dairy	Soy	Tree Nut	Peanut	Wheat	Egg	Sesame	MISC
✓	✓			✓	√		
√	✓			✓	1		
✓	✓			✓			
1	✓			✓			
1	✓			✓	√		
	✓			✓		√	8
✓	✓			✓	✓		
√	✓			✓	√		V
n							
Dairy	Soy	Tree Nut	Peanut	Wheat	Egg	Sesame	MISC
1				1	1		V
1	√			1	/		
1	√			1			
√	✓			✓	1		
Dairy	Soy	Tree Nut	Peanut	Wheat	Egg	Sesame	MISC
√	√			√	√		
	Dairy Dairy Dairy Dairy	Dairy Soy Dairy Soy Dairy Soy Dairy Soy	Dairy Soy Tree Nut Dairy Soy Tree Nut Dairy Soy Tree Nut Dairy Soy Tree Nut Dairy Soy Tree Nut	Dairy Soy Tree Nut Peanut Dairy Soy Tree Nut Peanut The Soy Tree Nut Peanut	Dairy Soy Tree Nut Peanut Wheat Output Dairy Soy Tree Nut Peanut Wheat	Dairy Soy Tree Nut Peanut Wheat Egg Dairy Soy Tree Nut Peanut Wheat Egg Dairy Soy Tree Nut Peanut Wheat Egg Dairy Soy Tree Nut Peanut Wheat Egg	Dairy Soy Tree Nut Peanut Wheat Egg Sesame Dairy Soy Tree Nut Peanut Wheat Egg Sesame Dairy Soy Tree Nut Peanut Wheat Egg Sesame Dairy Soy Tree Nut Peanut Wheat Egg Sesame

CRUNCHADILLAS	Dairy	Soy	Tree Nut	Peanut	Wheat	Egg	Sesame	MISC
CRONCHADILLAS	· ·	30 y	Hee Nut	Peanut	vviieat	L 88	Sesame	IVIISC
Chicken Bacon Ranch	✓	√			√			
The Cowboy	✓				√			
On the Border	✓	√			✓	\		
Supreme	✓	√			✓	\		
Chicken Avocado	✓	√			/	\		
EL SUPER PAN	Dairy	Soy	Tree Nut	Peanut	Wheat	Egg	Sesame	MISC
BBQ Bacon Carnitas	✓				√		1	
Laredo	√				√		✓	
Nashville Hot!	/	√			√	\	√	
Chipotle Chicken Club	1	√			√	/	✓	
Fiesta	1	1			√	\	✓	
DRESSINGS & SAUCES	Dairy	Soy	Tree Nut	Peanut	Wheat	Egg	Sesame	MISC
Farm House Ranch	✓	✓				✓		
Buffalo Ranch	✓	✓				✓		
Chipotle Ranch	✓	✓				✓		
Roadhouse BBQ Ranch	✓	✓			✓	✓		
Avocado Lime Ranch	✓	✓				✓		
Asian Thai		✓			✓		√	
Casesar	✓	✓				✓		
Strawberry Vinaigrette		✓						
Nashville Hot Sauce		√				✓		

All Chicken Contains No Antibiotics EVER!

2,000 calories a day used for general nutrition advice, but calorie needs vary. Additional nutritional information is available upon request.

GF Gluten Free

V = Vegetarian