


Burrito Bowl


GLOBAL RICE BOWLS & BURRITOS®


Allergen Information

Due to the handcrafted nature of our food, variations in our supplier ingredients, and our use of shared cooking and preparation areas, we cannot ensure that our food is free from any allergens. We prepare our foods following procedures to prevent allergen cross-contact, but products containing dairy, soy, wheat and egg are all made in our stores.


SMOOTHIES	Dairy	Soy	Tree Nut	Peanut	Wheat	Egg	Fish	Icons
Acai Energy								GF
Bangin' Berry								GF 
Caribbean Craze								GF 
Cookie Dough	✓							GF 
Jamaican Jammer	✓							GF 
Mango Me Crazy								GF 
Maui Mango								GF 
Orange Sunrise	✓							GF 
Peach on the Beach	✓							GF 
Tropical Therapy								GF 
Wild Strawberry								GF 
Oh Kale!								GF 
Super Red	✓							GF 
Peanut Butter Protein	✓			✓				GF 
Vegan Power Up								GF 

 = Gluten Free  = Dairy  = Vegan





SALADS	Dairy	Soy	Tree Nut	Peanut	Wheat	Egg	Fish	Icons
Buffalo Chicken	✓	✓						
Caesar	✓	✓				✓	✓	
Chicken Avocado Cobb	✓	✓				✓		
Market Strawberry	✓		✓					
Southwest	✓	✓			✓			

RICE BOWLS	Dairy	Soy	Tree Nut	Peanut	Wheat	Egg	Fish	Icons
Buffalo	✓	✓						
Baja Queso	✓	✓						
Classic Hummus	✓	✓	✓					
KC BBQ	✓	✓						
Mexican	✓	✓						
Spicy Korean		✓			✓	✓		
Power Protein	✓	✓				✓		
Cajun	✓	✓						


Options shown are with chicken except Hummus. For a Soy Free option choose the veggie, beef or pork.

BURRITOS	Dairy	Soy	Tree Nut	Peanut	Wheat	Egg	Fish	Icons
Buffalo	✓	✓			✓			
Baja Queso	✓	✓			✓			
Classic Hummus	✓	✓	✓		✓			
KC BBQ	✓	✓			✓			
Mexican	✓	✓			✓			
Spicy Korean		✓			✓	✓		
Power Protein	✓	✓			✓	✓		
Cajun	✓	✓			✓			

Options shown are with chicken except Hummus. For a Soy Free option choose the veggie, beef or pork.

QUESADILLAS	Dairy	Soy	Tree Nut	Peanut	Wheat	Egg	Fish	Icons
Classic Cheese	✓				✓			
Cheese Plus 3 *	✓				✓			
add Chicken		✓						
Guacamole **								
Sour Cream	✓							

* allergens depend on choices of fresh ingredients. ** Guacamole is a fruit.

NACHOS	Dairy	Soy	Tree Nut	Peanut	Wheat	Egg	Fish	Icons
Old South BBQ	✓	✓			✓			
Tex Mex	✓	✓			✓			
Spartichoke	✓				✓			
Gameday	✓				✓			
South Philly	✓				✓			

SP. BURRITO	Dairy	Soy	Tree Nut	Peanut	Wheat	Egg	Fish	Icons
Dos Amigos	✓	✓			✓			

All Chicken Contains No Antibiotics **EVER!**

2,000 calories a day used for general nutrition advice, but calorie needs vary.

Additional nutritional information is available upon request.

 Gluten Free

 Vegetarian - all menu items can be made vegetarian.